

Outdoor exercise from 8 September also on Tuesdays

Do you ever think: I should exercise a little more? Exercising every day is important for you and your health. Then why don't you come and join our group? Your age is not important, everyone can participate. We exercise in the open air, in the park strip of the **Dr. Schaepmanstraat** under the guidance of experienced coaches. We first start with a warming up, then we do all kinds of exercises with attributes such as balls, cones, weights, elastics, etc. Points of attention are fitness, balance and strength training, but also fun. Moving together is more fun than alone, we stimulate each other and have fun.

After an hour of exercise, we go for coffee together and all that for only 1 euro a week. You can join twice a week, on **Tuesday and Thursday mornings**, both times from 10:00 – 11:00.

We offer this in such an accessible way together with the municipality and with the district nurses of Buurtzorg in our Kerkakkers district, nice and close to home.

Come and join us immediately on **Thursday** and from **September 8, 2026** also on **Tuesday**, because the sooner we have a large group together, the more chance of success it has that we can offer this for a longer period of time. We have set aside 6 weeks to make this restart with the exercise group and hope that we can then say that it is a success. We look forward to meeting you.

Short presentation about bridge

For the theme of the presentation during the coffee walk-in on the 3rd Wednesday of the month, Frits



Kunnen will talk about his favorite sport: **Bridge**. Will you come and listen?

Wednesday 16 September in Community Center "in the walk-in"

Mgr. Zwijsenstraat 4, coffee from 10:00 am, start presentation ±11:00 am.

Admission is **FREE**, so is the coffee and tea.

Halloween in the Kerkakkers district

Children go door to door to pick up candy.

Friday evening, October 30, it's that time again, the Dr. Schaepmanstraat and its surroundings will be transformed into the scariest neighborhood of Valkenswaard for one evening. That is why we would like to ask the residents of the **Dr. Schaepmanstraat**, who live on the field and its side streets, to decorate the garden spooky.



A party tent with scary decoration where children can get sweets is provided by the neighborhood committee at the parade construction site on the Dr. Schaepmanstraat. There is also free coffee/tea and lemonade. Everyone is welcome.

Of course, the Kerkakkers Kidz will also get back to work decorating the street.

Last year about 70 children came to the door, so we would like to ask you to take into account this number of children who come to the door for candy.

Tip: small bags of candy, lollipops and everything that is pre-packaged would be the best for hygiene.

Friday evening, October 30, 2026, this evening between **18:00 and 21:00**, we want to give all children (up to 12 years old) the opportunity to go door to door, at least if they dare.



Copilot a.i.



Voor de nederlandse versie van deze nieuwsbrief zie onze website:

www.wijkcommissiekerkakkers.nl

Walk along new construction projects

As part of our evenings and evenings, there is again our annual walk in September.

Since the adoption of part of the center of Valkenswaard, the neighborhood boundaries of our neighborhood have become unclear to many people. During this walk we walk on the new neighborhood boundary in the center area and past 7 new construction projects. You will receive some brief information about this on the spot.

Afterwards, we end the walk with coffee or tea in the market pavilion. The walk is about **3 km** long. Will you join us? You are very welcome and of course participation in this Door & Voor evening is free as always. It's always nice to meet people from the neighborhood where you live.

When: **Wednesday evening, September 9**, Meet at the office of Woningbelang (former police station) at Waalreseweg 5. **Start 19:00**. Closing with coffee/tea in the Market Pavilion until ± 21:00. Participation is **free**, as is the coffee and tea.

Artist Neeltje Verhagen

On **Wednesday morning, October 21**, Neeltje Verhagen will talk about her passion as an artist, during the coffee walk-in in Lunet **Wijkcentrum "in the walk-in" Mgr. Zwijzenstraat 4**, coffee 10:00 am, start presentation ± 10:30 am. Admission is **FREE**, so is the coffee and tea.

Take a look at her website:

<https://artbasedcoaching.nl/mijn-vrije-werk>



Workshop mosaics on paving stones

Have you ever walked through the Dijkstraat and perhaps thought "I would like to make such a mosaic tile"? On **Wednesday evening, October 14**, neighborhood resident, artist and-art-based coach Neeltje Verhagen from the Dijkstraat will give a paving stone mosaic workshop. Register in time because there is a participant limit. Make sure you are there! Anyone can do it and there will be images for inspiration. Of course, you are also completely free to come up with your own design and get started with the tile cutter yourself. In preparation, you can already make a sketch yourself, dimensions 29.5 by 29.5 cm. Keep it big and simple, think toddler coloring pages. If you have tile pliers or other materials, bring them with you! You can place the tile in the pavement in front of your house in consultation. Two years ago, beautifully decorated tiles were created, maybe there is one in your street. ... It is best to work on a tile as a duo, but it is also possible to work alone. Register via bestuurslidkerkakers@gmail.com and indicate whether you want to work as a duo or alone. Do this before October 1, 2026, so we still have time to purchase all materials. Participation is free, as is the coffee or tea. Have fun!! Our neighborhood will become a lot more beautiful again!

In the hall of neighborhood association **De Horizon**, at Amundsenstraat 5, **starting at 20:00**

Halloween Teen Disco

Kerkakkers Kidz, together with other neighborhood committees, is organizing **a HALLOWEEN TEEN DISCO on Friday evening, October 23**, especially for youth from 10 to 14 years old, in the main hall of **Speeltuinen Geenhoven** at the Hoppenbrouwers 15. Put on your scariest, funniest or craziest Halloween outfit and enjoy an evening full of music, dance and fun with peers.

Start 19:00, end 22:00.

The entrance is **FREE**. Drinks at a reduced rate.

Sign up by e-mail:

tienerdiscovalkenswaard@gmail.com

Of course there is also the Photobooth, FIFA and Just Dance.

Help construction group Flower Parade

Come and see if helping build a parade float is something for you. The welding of the iron skeleton is almost finished, but help is still needed with applying cardboard to pin the flowers, taking care of coffee and tea; There is plenty to do. Come to the tent on the Dr. Schaepmanstraat and experience the informal atmosphere in which such a new parade float is built.



From **Thursday 17 September**, young and old are welcome again to put the needles in the flowers, the "pre-pricking", after which many hands are needed to pin the flowers on the float. You can also help by sponsoring an amount, but handing in your old iron at the Kerkakkers tent also helps. For more information about the hamlet of Kerkakkers, visit the tent Dr. Schaepmanstraat or look at www.facebook.com search for: Buurtschap Kerkakkers

Sunday, September 20, 2026 is the time again, the annual Flower Parade in Valkenswaard. Start parade **14:30, FREE ENTRANCE**



In this weekend there is also the presentation of the new cultural season of Theater De Hofnar. More info: www.corsovalkenswaard.nl en www.hofnar.nl

Tracking Asian Hornets

With an enthusiastic team of volunteers, Valkenswaard is now looking for the nests of the Asian hornet (yellow-legged hornet). Why is that necessary? To protect our biodiversity and for our safety! The Asian hornet eats all our insects, it is a real predator, it has no natural enemy in our country. A single hornet eats hundreds of insects a day. The nests that are already found high up in the trees at this time contain thousands of hornets. There are also nests low to the ground; in a hedge, in a bush, etc.

With the volunteers we are now setting out wick pots, which is a pot with a wick and attractant. When the hornet comes to it, we can mark it with a marker pen and determine the flight direction to the nest. By timing the time she stays away, up and down to the nest, we can determine the distance to the nest. We can also hang a small transmitter on the hornet. With a group of volunteers equipped with signal receivers, we then go after her and find the nest. The municipality will have all nests in public spaces cleared, but on private property, the site owner is responsible for the culling himself. Beekeepers are then willing to help. Would you like to join the hunt? You are welcome to join us. Then register with the municipality at the following e-mail address: aziatischehoornaar@valkenswaard.nl You can also email for more information. Have you found a nest of the Asian hornet? Please report it at: www.meldpuntaziatischehoornaar.nl



photo: Nicolas J. Vereecken

Main characteristics of the Asian hornet: it is black with 1 wide yellow band on the abdomen and it has yellow legs, it is 2 to 3 cm in size.

There is also a European hornet, which has a very yellow abdomen. It lives mainly on plant juices and is not so harmful to our biodiversity.

Wijkcentrum "in de inloop"



Mgr. Zwijsen-straat 4.

Every **MONDAY MORNING** from 10:00 to 12:00, chat about the weekend with neighbors, with

a **free** cup of coffee or tea.

Every **WEDNESDAY MORNING** from 10:00 to 12:00, while enjoying a **free** cup of coffee or tea, we have a nice chat and/or play games or play cards. You can also come and knit, crochet etc. or draw with Zentangle. Will you join us?

On the **THIRD WEDNESDAY** of the month, there will be a short presentation on an interesting topic during the coffee walk-in around 10:30 am.



Every **LAST FRIDAY** of the month there is a Lunch for Singles at 12:00 pm.

Together with other singles from the neighborhood, good

food for € 5.00 per person. Register from the 15th until the Monday before at the latest, by sending an e-mail to bestuurslidkerkakkers@gmail.com or by phone 06-4224 9471.

Door & Voor information evenings

Every **SECOND WEDNESDAY-EVENING** of the month a **free** lecture, excursion or workshop is organized "By & For" neighborhood residents,



in community center **De Horizon, Amundsenstraat 5**. Start is 20:00 hrs. Admission is **free**, as is coffee and tea.

Agenda

See elsewhere in this newsletter for details and our [website](http://www.wijkcommissiekerkakkers.nl) for any changes.

September 2026

Wednesday	2 Sep	Coffee walk-in	10:00–12:00
Wednesday	2 Sep	Ondependent Client	
Supporter "OCO"		Community Center	10:00–12:00
Monday	7 Sep	Coffee walk-in	10:00–12:00
Wednesday	9 Sep	Coffee walk-in	10:00–12:00
Wednesday	9 Sep	walk 3 km in Kerkakkers	
	with start at	Waalreseweg 5	19:00–20:30
Monday	14 Sep	Coffee walk-in	10:00–12:00
Wednesday	16 Sep	Coffee walk-in	10:00–12:00
		with short presentation about Bridge	11:00–11:30
Monday	21 Sep	Coffee walk-in	10:00–12:00
Wednesday	23 Sep	Coffee walk-in	10:00–12:00
Friday	25 Sep	lunch for singles.	
Contribution	€ 5,- pp	Community Center	12:00–13:30
Monday	28 Sep	Coffee walk-in	10:00–12:00
Wednesday	30 Sep	Coffee walk-in	10:00–12:00

October 2026

Monday	5 Oct	Coffee walk-in	10:00–12:00
Wednesday	7 Oct	Coffee walk-in	10:00–12:00
Wednesday	2 Oct	Independent Client	
Supporter "OCO"		Community Center	10:00–12:00
Monday	12 Oct	Coffee walk-in	10:00–12:00
Wednesday	14 Oct	Coffee walk-in	10:00–12:00
Wednesday	14 Oct	workshop mosaics on a paving stone	
		De Horizon	20:00–22:30
Monday	19 Oct	Coffee walk-in	10:00–12:00
Wednesday	21 Oct	Coffee walk-in	10:00–12:00
		with short presentation: Neeltje Verhagen creates works of art.	
		Coffee walk-in	10:30–11:00
Friday	23 Oct	teendisco Halloween for the youth 10-14 jaar	
		Geenhoven	19:00–22:00
Monday	26 Oct	Coffee walk-in	10:00–12:00
Wednesday	28 Oct	Coffee walk-in	10:00–12:00
Friday	30 Oct	lunch for singles.	
Contribution	€ 5,- pp	Community Center	12:00–13:30
Friday	30 Oct	Halloween family tour	
		Dr. Schaepmanstraat + various streets	18:00–21:00